



Bleakhouse Primary School

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Wednesday 8th November 2023

Dear Parent/ Carer,

Anti-Bullying Week 2023 Monday 13th- Friday 17th November

This year the theme for Anti Bullying week is **'Make a Noise about Bullying': To empower children to do something positive to counter the harm and hurt caused by bullying.** It is coordinated by the Anti-Bullying Alliance which aims to support schools and other settings to help children and young people, school staff, parents and other professionals who work with children to understand:

- The definition of respect
- That bullying is a behaviour choice
- That we can respectfully disagree with each other i.e. we don't have to be best friends or always agree with each other but we do have to respect each other
- That we all need to choose to respect each other, both face to face and online

"Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. It doesn't have to be this way.

This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.

From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying"

Bleakhouse Primary School will be participating in **Odd Socks Day** on the first day of Antibullying week on **Monday 13th November** to help raise awareness around anti-bullying. Most importantly, **Odd Socks Day** is designed to be fun!

It's an opportunity for children to express themselves and celebrate their individuality and what makes us all unique. All children have to do to take part is wear odd socks to school and their school uniform, it couldn't be simpler.

Yours sincerely
Emma McGahey

Deputy Headteacher/PSHE Lead

